

NICOLE  
KENT

LOUIS  
LYONS

PAUL  
WHITE

MAX  
TIERSBIER

SOMETIMES THE ROAD TO YOUR DREAMS  
LEADS TO THE HARDEST TRUTHS...

HOLLYWOOD

# Pinch & OUCH

BASED ON A TRUE STORY

A MOODDREAMS Production  
WRITER, DIRECTOR AND PRODUCER NICOLE KENT ASSOCIATE DIRECTOR ZEN NGUYEN  
DIRECTOR OF PHOTOGRAPHY AJ. LAMB MUSIC JACK LEDGER-DOWSE AND ANTONINO ABATE EDITOR  
JONATHAN NEWMAN PRODUCTION DESIGN FLOR KENT AND NICOLE KENT TITLE AASAWARI S. KULKARNI

# Pinch & OUCH

## Logline

In the midst of the global pandemic, a girl's dream to train with a legendary acting coach before it's too late takes an unexpected turn.

## Synopsis

Set during the global lockdown, English actress, Lil, fulfils her dream to train with legendary acting coach, Dick Pritchard in LA. However, her excitement diminishes as Dick's manipulative teaching methods blur the line between expected emotional vulnerability and actual abuse. Back in London, as Lil grapples with her emotional turmoil, she discovers the institutionalisation of power abuse and control over the vulnerable in an acting manual written by Dick's mentor.

**Title:** Pinch & Ouch

**Genre:** Drama

**Director/Writer:** Nicole Kent

**Associate Director:** Zen Nguyen

**Producer:** Flor Kent

**Duration:** 17 minutes

**Film Language:** English

**Production Year:** 2025

**Country of Origin & Filming:** UK

**Camera:** Blackmagic RAW

**Shooting Format:** Digital, S35 mm

**Aspect Ratio:** 16:9

**Frame Rate:** 25 fps

**Film Colour:** Colour

**Film Edit:** Premiere Pro

**Audio Format:** 5.1 Stereo Audio Mix

## Director's Statement

'Pinch & Ouch' tells a personal story about navigating dreams and ambitions against different obstacles such as the global pandemic landscape, and blurred lines between power dynamics and mentorship. It aims to highlight the ongoing life challenges and different levels of vulnerabilities, as well as the coping mechanisms in times of uncertainty.

'Pinch & Ouch' offers a glimpse into the universal struggles individuals face when aspirations can collide with reality. As I found myself recalibrating my life during lockdown, it ignited a suppressed yearning to take action on my dreams whilst dealing with complexities of decision-making, in particular within imposed restrictions from a global level to the studio environment.

Ultimately, we don't have control over the 'pinch' but we can control the 'ouch' in how we choose to deal with it.



## Cast



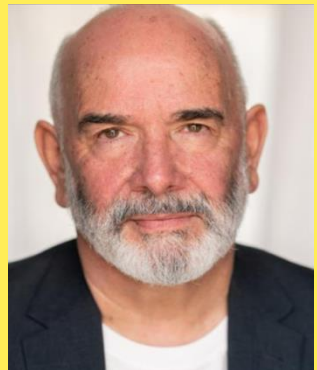
### **Nicole Kent as Lil**

Nicole graduated from Lee Strasberg School, New York. Roles include 'Sugarhouse,' 'Queen's Nose,' & 'Sugarhouse'



### **Louis Lyons as Sam**

Louis graduated from Arts Educational School.



### **Paul Francis White as Dick Pritchard**

'A Winter's Tale,' 'The Seagull,' 'Waiting for Godot'



### **Max Tiersbier as Marty**

Max graduated with a BA in Screen Acting from MetFilm School.



### **Amber Westgate as Rose**

Amber graduated with a BA in Screen Acting from MetFilm School. She completed three Christmas seasons at the Rose Theatre in Kingston.



### **Harry Roper-Curzon as Prime Minister**

## Key Crew

### **Director:** Nicole Kent

Nicole Kent is London born with American/Venezuelan heritage. She is a writer, actress and filmmaker. She trained and acted professionally since childhood with roles in theatre, television and film, including 'The Tempest,' 'Sugarhouse,' 'Gassed Up!' & 'Queen's Nose.' She gained a BA in Communications, an MA in English Literature and a LLB in Law. She continued her studies at Lee Strasberg Theatre & Film Institute in New York, as well as Met Film School in London. Nicole regularly writes theatre reviews, and has completed her first novel.

### **Associate Director:** Zen Nguyen

Director of '*Scarlet Silence*,' which earned recognition as Best Thriller at the London Global Film Awards and was selected for Budapest Movie Awards, Stockholm Short Festival & Toronto International Nollywood Film Festival.

### **Cinematographer:** AJ. Lamb

Director, writer & cinematographer of '*The Magical Toyshop*,' which won Best Cinematographer at Focus International Film Festival & Florence Film Awards.

### **Editor:** Jonathan Newman

Director of '*The Adventurer: The Curse of the Midas Box*,' '*Swinging with the Finkels*,' '*Mustang Drift*,' '*Father's Day*,' '*Sex with the Finkels*,' '*Jailbreak*' & '*Foster*,' which won Best Feature at Rhode Island International Festival.

### **Producer:** Flor Kent

Flor focuses on site-specific art projects such as 'Für das Kind.'

### **Composer:** Antonino Abate

Antonino is a composer and orchestrator for contemporary classical and film music. He graduated from the Royal Academy of Music with a BMus (Hons) in Composition supported by the Leverhulme Trust, and received several awards during his studies. Currently, he is pursuing a two-year MA in Composition at the same institution funded by the Svetlanov Legacy Trust.

### **Composer:** Jack Ledger-Dowse

Scored music for '*Past Life Whispers*' & '*A Candle by Christ Heart*,' winner of Best Super Short Film at SWIFF USA.

### **Colourist:** Alex Gascoigne

TV includes '*Black Mirror*' (Netflix), '*The Rig*' (Amazon), '*This England*' (Sky Atlantic), '*Endeavour*' (ITV) & '*Why Didn't They Ask Evans?*' (Britbox). Feature film includes '*A Boy Called Christmas*,' '*Sharper*,' '*The Two Popes*,' & '*The Current War*.'

### **Sound Designer:** Alex Bird

'*Asteroid City*,' '*Nosferatu*,' & '*Locked In*.'



**Production Stills**





## **Trailers & Clips**

Trailer: [Pinch & Ouch](#)

## **Social Media**

Website: [mooddreamsproductions.com](http://mooddreamsproductions.com)

Instagram: [@mooddreamsproductions](https://www.instagram.com/mooddreamsproductions)

Facebook: [facebook.com/mooddreamsproductions](https://www.facebook.com/mooddreamsproductions)

LinkedIn: [mooddreamsproductions](https://www.linkedin.com/company/mooddreamsproductions)

IMDB: [Pinch&Ouch](#)

## **Contact Information**

For press inquiries, interviews & media requests, please contact:

**Nicole Kent**

[nicole.s.kent@gmail.com](mailto:nicole.s.kent@gmail.com)

+44 7729101389



*We look forward to sharing this important story with the world.*